



The hidden relation, clues of autism, ADHD and depression which reveals the effective cause and cure

Van Duy Dao

Hanoi University of Pharmacy, Vietnam

Abstract

Observing the autistic kids: Autistic kids lack most social skills, communicating, persuading skills; the language is the product of living environment so kids poor in using native language make us think of the quality and quantity of connection to the living environment. People speak their native language naturally without much thinking, but autistic cannot speak well, when they have wants or needs, they cannot express it in understandable way to the adults so that they cannot get satisfied. Not satisfying the needs make them anger or stress. In the stress state, there are mainly three hormones operate in body to make the body prepare for fight or flight.

These three hormones are: Epinephrine, norepinephrine, and cortisones. These hormones will activate many other changing in body and other hormones so that the body is ready for survival functions. Kids in stress tend to make other stress unconsciously in the downtrend spirals of stress. The more stress kids get, the poorer their learning and the more they will get low level of social skills. The unsatisfied living environment may make autistic have strange behaviors can be explained by conditioned response. They have strange responses to normal things, events. And these responses can be summarized into "Fight" or "Flight" or "Indifference"; these responses tell us about the state of mind of the autistic kids. And the pattern of responses, the fluctuation of specific responses to the changing in environment will give us clues about the cause of autism, ADHD and the prediction and the effective intervention of autism and ADHD.

Biography

Van Duy Dao, born 1986, had completed Pharmacist Bachelor degree in Hanoi University of Pharmacy. I am a pharmacist, personal development lover and meditation practitioner. Proud to be a pharmacist, but he is ashamed of the failure of knowledge and the medication in healing many unknown Causes. Most of the medications only make temporal relief and many medications chronic patients have to take in their lifetime.



[4th International Conference on Neurology and Brain Disorders](#) | July 27, 2020

Citation: Van Duy Dao, *The hidden relation, clues of autism, ADHD and depression which reveals the effective cause and cure*, Neuro Congress 2020, 4th International Conference on Neurology and Brain Disorders, July 27, 2020, Page 06