



# Poland syndrome correction with Silicone Pectoral implants My Experience

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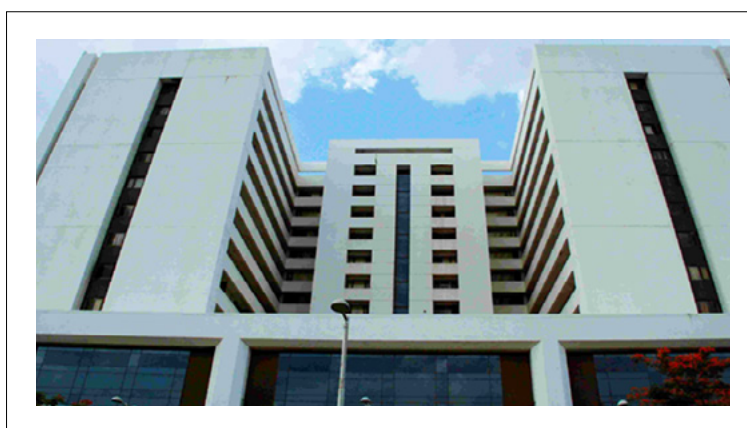
## Abstract

Poland syndrome is a non inherited congenital birth defect characterized by the absence of part of or the entire pectoral muscle (usually right) along with webbed fingers or short limbs. Short ribs, less fat, and breast and nipple abnormalities may also occur on the effected side.. Persons affected have a normal life. Males are more commonly affected. The defect might not noticeable but at times the cosmetic deformity might be unsightly. At Redefine Cosmetic Surgery Studio we have come up with a solution of using pectoral implants to correct this deformity Using these specialised firm solid carvable silicone implants we can replicate the opposite chest with nearly a 70% match with 100% satisfaction. Incision is located in the axilla and is small. Over night stay in the hospital is all that is needed and the patient can return to work in 72 hours. I have operated 8 patients over the past 3 years with only one complication of a small haematoma which was treated in the out patient department. Large incision and increase post surgical morbidity is avoided using this method compared to local muscle flap transfer.

## Biography

Dr Aamod Rao runs Redefine cosmetic Surgery studio situated in Mumbai for the past 10 years. He is attached to a many hospitals in Mumbai, Bangalore, Jaipur. In Indian. Dr Aamod Rao has completed his Plastic surgery training at The Bombay Hospital and Research Center in Mumbai India. Also trained at the PUCRS university Porto Alegre under Dr Pedro Martins in Cosmetic Surgery. Apart from Poland Syndrome his major work consists of mummy make overs and high definition liposculpting. Apart from his surgical practice he is also a trusty of social service organizations

- 1.Mali Foundation (Orphanage) in Bangalore India
2. CCDT in Mumbai (CCDTRUST.ORG)



[3rd International Webinar on Surgery and Anesthesia, July 22-22, 2020](#)

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