



Adult congenital heart disease: The nurse clinical specialist role

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Abstract

With the current changes and the continuous development of health care system in Saudi Arabia and focusing more on nursing and advancing nursing profession, the government started to focus on the acute and chronic disease and how to utilize nurse's knowledge and experience to help patient to have maximum benefit from treatment and care. One of these diseases is ACHD (Adult Congenital Heart Disease) which is a new program currently under development in King Faisal Specialist Hospital & Research Centre, Saudi Arabia and trying to create an independent nursing clinic for ACHD patient to educate them and to improve mortality, morbidity, quality of life, and reduce hospital admission and readmission

Biography

AlJuhara Tha'ar AlMarzoog completed bachelor degree in nursing from King Saud University, KSA. Then she worked at King Faisal Specialist Hospital and Research Center as a cardiovascular nurse with main interest in teaching, research, and life style improvement. She worked as heart failure nurse, then one year as Assistant Head Nurse with the nursing staffing team, and back to cardiology as ACHD clinical nurse specialist. Currently she is finalizing her master thesis and a research paper.



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